

E Flat Major Psalm Tone; 3 lines = mm. 1, 2, 4; 2 lines = mm. 1, 4



Psalm 34 (33)

² I will | bless the | LORD at all | times;

praise of | him is | always | in my | mouth.

³ In the | LORD my | soul shall | make its | boast;

| ~ the | humble shall | hear | and be | glad.

⁴ Glori- | fy the | LORD with | me;

| ~ to- | gether | let us | praise his | name.

⁵ I sought the | LORD, | and he | answered | me;

from all my | terrors he | set me | free.

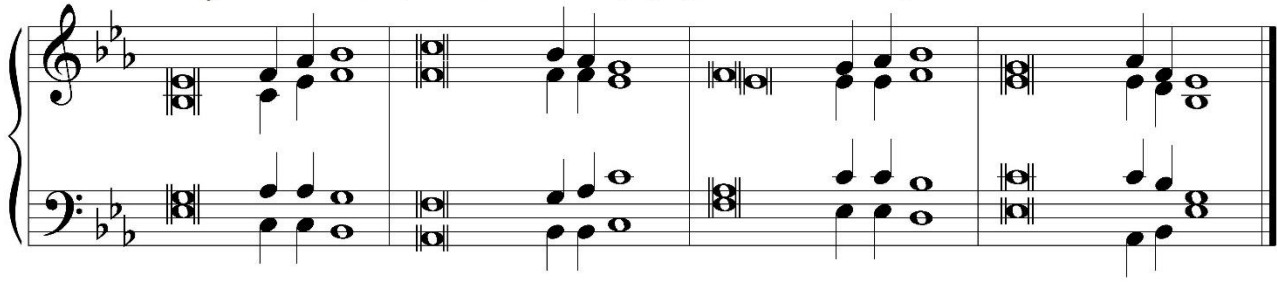
⁶ Look toward | him | and be | radiant;

let your | faces not | be ab- | ashed.

⁷ | ~ This | lowly one | called; | the LORD | heard,

| ~ and | rescued | him from | all his di- | stress.

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⁸ | ~ The | angel | of the | LORD | is en- | camped

| ~ a- | round those who | fear him, to | rescue | them.

⁹ Taste and | see that the | LORD is | good.

Blessed the | man who seeks | refuge in | him.

¹⁰ Fear the | LORD, | you his | holy ones.

They lack | nothing, | those who | fear him.

¹¹ | ~ The | rich suffer | want | and go | hungry,

| ~ but | those who | seek the | LORD | lack no | blessing.

¹² Come, | children, and | hear me,

that I may | teach you the | fear of the | LORD.

¹³ Who is | it that | desires | life

| ~ and | longs to see | prosperous | days?

¹⁴ Guard your | tongue from | evil,

and your | lips from | speaking de- | ceit.

¹⁵ Turn a- | side from | evil | and do | good.

Seek after | peace, | and pur- | sue it.

Glory | be to the | Father, and | to the | Son,

| ~ and | to the | Holy | Spirit.

As it | was in | the be- | ginning, is | now, and | ever shall | be

world | without | end, | A- | men.

Bles-sed are those who mourn, for they shall be con-soled. Bles-sed are those who

hun-ger and thirst for righ-teous-ness, for they shall have their fill.

Antiphon Source: Roman Missal, Fifth Sunday in Ordinary Time, Option 2 (Mt 5:5-6)

Antiphon Text: Roman Missal, Fifth Sunday in Ordinary Time, Option 2 (Mt 5:5-6)

Psalm Pairing: Jared Ostermann (as with *Beati mundo corde*)

Psalm Text: Revised Grail

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