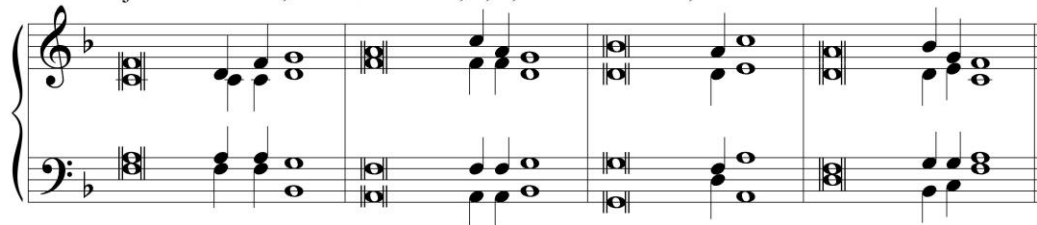




How great is the good-ness, Lord, that you keep for those who fear you.

F Major Psalm Tone; 3 lines = mm. 1, 2, 4; 2 lines = mm. 1, 4



### Psalm 31 (30)

<sup>2</sup> | ~ In | you, O | LORD, | **I** take | refuge.

Let me | never be | **put** to | shame.

In your | justice, | set **me** | free;

<sup>3</sup> | ~ in- | cline your | ear to | me, and | speedily | **re**scue | me.

Be a | rock of | **refuge** for | me,

| ~ a | mighty | **stronghold** to | save me.

<sup>4</sup> | ~ For | you are my | rock, **my** | stronghold!

Lead me, | guide me, | for the | sake **of** your | name.

<sup>5</sup> | ~ Re- | lease me | from the | snare **they** have | hidden,

| ~ for | you in- | deed **are** my | refuge.

<sup>6</sup> Into your | hands I com- | mend **my** | spirit.

You will re- | deem me, O | LORD, O | **faithful** | God.

<sup>8</sup> Let me be | glad and re- | joice **in** your | mercy,

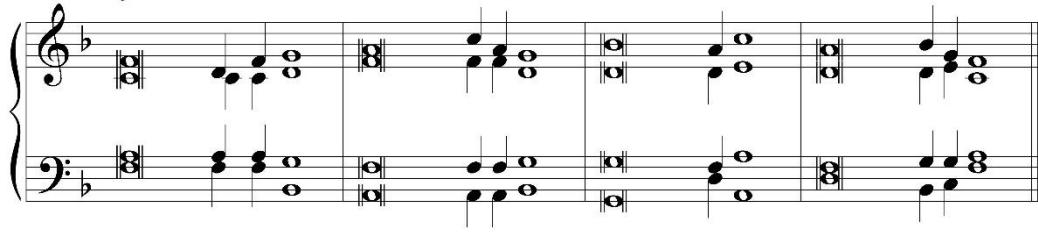
| ~ for | you who have | seen my af- | fliction †

| ~ and | taken | heed of my | **soul's** di- | stress,

<sup>9</sup> | ~ have | not left me | in the | hands of **the** | enemy,

| ~ but | set my | **feet** at | large.

F Major Psalm Tone; 3 lines = mm. 1, 2, 4; 2 lines = mm. 1, 4



<sup>15</sup> | ~ But | as for | me, I | trust in | **you**, O | LORD;

| ~ I | say, | “You **are** my | God.

<sup>16</sup> My lot is | in your | hands, †

| ~ De- | liver | me from the | hands of **my** | enemies

| ~ and | those | **who** pur- | sue me.

<sup>17</sup> Let your | face shine | **on** your | servant.

Save me | in your | merceriful | love.

<sup>18</sup> Let me | not be | put to | shame, **O** | LORD,

for I | **call** on | you;

<sup>20</sup> | ~ How | great is the | **good**ness, | LORD,

that you | keep for | **those** who | fear you,

that you | show to | those **who** | trust you

in the | sight | of the | **child**ren of | men.

<sup>21</sup> You hide them | in the | shelter | **of** your | presence,

| ~ Se- | cure from | **hu**man | scheming;

you keep them | safe wi- | thin **your** | tent

from dis- | **pu**ting | tongues.

Glory | be to the | Father, and | **to** the | Son,

| ~ and | to the | **H**oly | Spirit.

As it | was in | the be- | ginning, is | now, and | **ever** shall | be

| world | without | **end**, | A- | men.

How great is the good-ness, Lord, that you keep for those who fear you.

Antiphon Source: Roman Missal, Communion Antiphon for 22<sup>nd</sup> Sunday in Ordinary Time, Option 1 (Ps 31(30):7)

Antiphon Text: Roman Missal, Communion Antiphon for 22<sup>nd</sup> Sunday in Ordinary Time, Option 1 (Ps 31(30):7)

Psalm Pairing: Jared Ostermann (after antiphon Psalm)

Psalm Text: Revised Grail

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