**Psalm 34 (33)**

² I will | bless the | LORD | at all | times;

praise of | him is | always | in my | mouth.

³ In the | LORD my | soul shall | make its | boast;

| ~ the | humble shall | hear | and be | glad.

⁸ | ~ The | angel | of the | LORD | is en- | camped

| ~ a- | round those who | fear him, to | rescue | them.

⁹ Taste and | see that the | LORD is | good.

Blessed the | man who seeks | refuge in | him.

¹⁰ Fear the | LORD, | you his | holy ones.

They lack | nothing, | those who | fear him.

¹¹ | ~ The | rich suffer | want | and go | hungry,

| ~ but | those who | seek the | LORD | lack no | blessing.

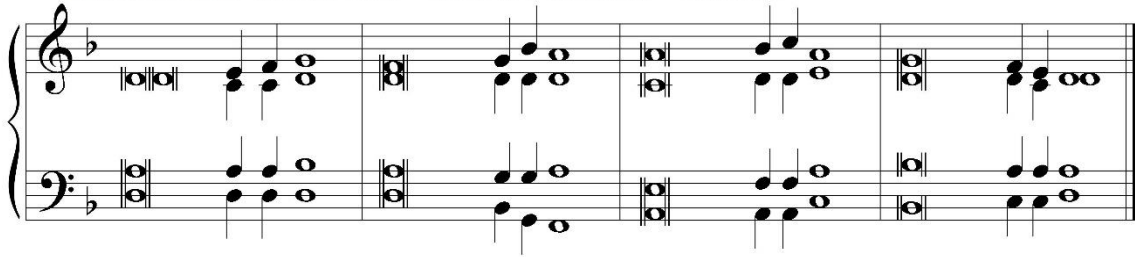
¹² Come, | children, and | hear me,

that I may | teach you the | fear of the | LORD.

¹³ Who is | it that | desires | life

| ~ and | longs to see | prosperous | days?

D Minor Psalm Tone; 3 lines = mm. 1, 2, 4; 2 lines = mm. 1, 4



¹⁴ Guard your | tongue from | evil,

and your | lips from | speaking de- | ceit.

¹⁵ Turn a- | side from | evil | and do | good.

Seek after | peace, | and pur- | sue it.

¹⁶ |~ The | LORD turns his | eyes to the | just,

and his | ears are | open | to their | cry.

¹⁷ |~ The | LORD turns his | face a- | gainst the | wicked

to de- | stroy their re- | membrance | from the | earth.

¹⁸ When the | just cry | out, | the LORD | hears,

|~ and | rescues | them in | all their di- | stress.

¹⁹ |~ The | LORD is | close to the | broken- | hearted;

those whose | spirit is | crushed | he will | save.

²⁰ Many | are the | trials | of the | just man,

|~ but | from them | all the | LORD will | rescue | him.

²¹ He will keep | guard over | all his | bones;

|~ not | one of his | bones | shall be | broken.

Glory | be to the | Father, and | to the | Son,

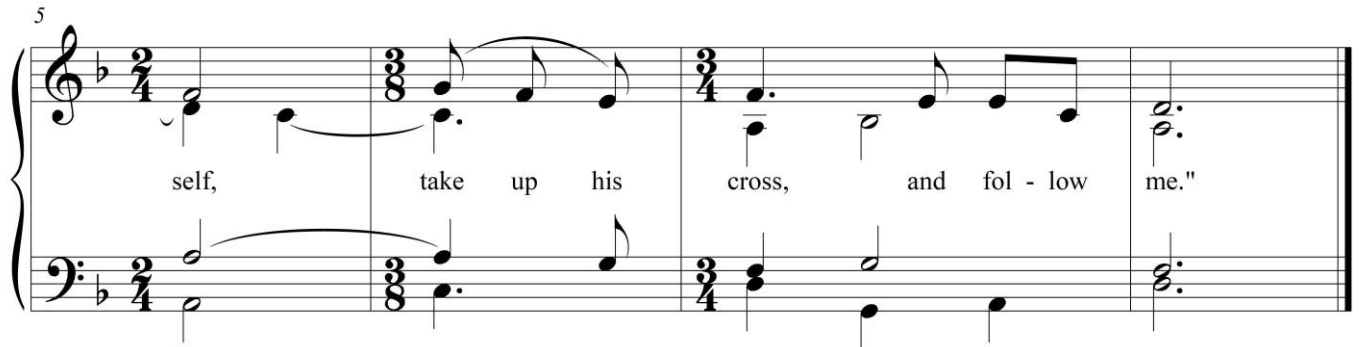
| ~ and | to the | Holy | Spirit.

As it | was in | the be- | ginning, is | now, and | ever shall | be

world | without | end, | A- | men.

"Who-e - ver wi - shes to come af - ter me must de - ny — him -

5



self, take up his cross, and fol - low me."

Antiphon Source: *Graduale Romanum*, Communion Antiphon for 12th Sunday in Ordinary Time, Year C (*Qui vult venire*) (Mt 16:24)

Antiphon Translation: NABRE (Mt 16:24)

Psalm Pairing: *Graduale Romanum*

Psalm Text: Revised Grail

Copyright Acknowledgements:

Scripture texts in this work are taken from the New American Bible with Revised New Testament © 1986, 1970 Confraternity of Christian Doctrine, Washington, D.C. and are used by permission of the copyright owner. All Rights Reserved. No part of the New American Bible may be reproduced in any form without permission in writing from the copyright owner.

The Revised Grail Psalms Copyright © 2010, Conception Abbey/The Grail, admin. by GIA Publications, Inc., www.giamusic.com. All rights reserved.