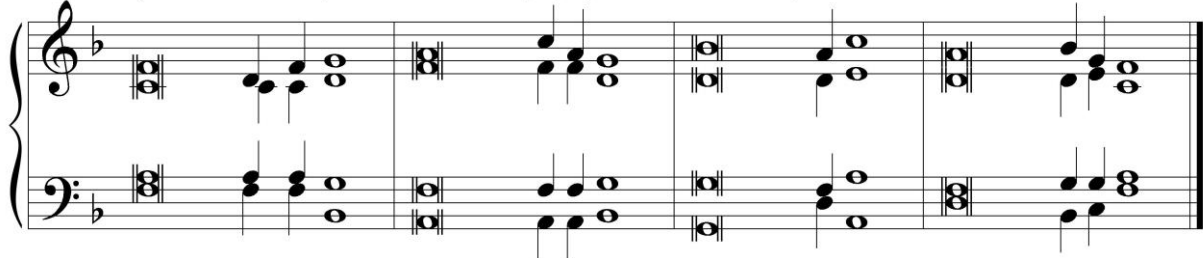




Who - e - ver eats my flesh and drinks my blood re-mains in me and I in him, says the Lord.

F Major Psalm Tone; 3 lines = mm. 1, 2, 4; 2 lines = mm. 1, 4



### Psalm 119 (118)

<sup>1</sup> Blessed are | those whose | way is | blameless,  
| ~ who | walk in the | law of the | LORD!

<sup>2</sup> Blessed are | those who | keep his de- | crees!  
| ~ With | all their | hearts they | seek him.

<sup>11</sup> | ~ I | treasure your | word | in my | heart,  
lest I | sin a- | gainst you.

<sup>12</sup> Blest are | you, O | LORD;  
| ~ teach | me your | statutes.

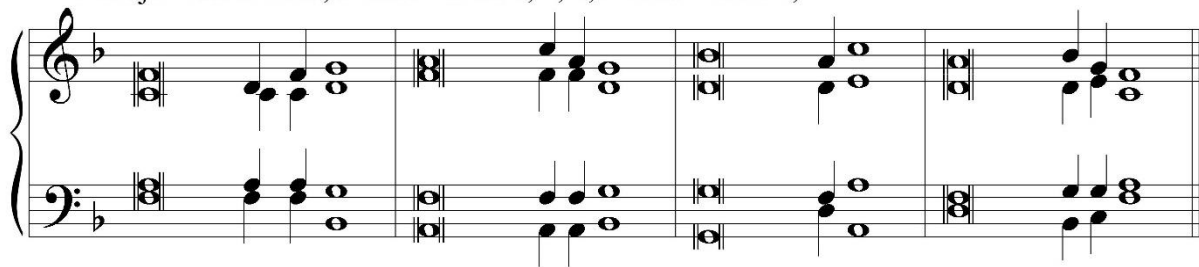
<sup>49</sup> | ~ Re- | member your | word | to your | servant,  
| ~ by | which you | made me | hope.

<sup>50</sup> This is my | comfort in | sorrow:  
that your | promise | gives me | life.

<sup>71</sup> It was | good for me | to be | humbled,  
that I might | learn your | statutes.

<sup>72</sup> | ~ The | law from your | mouth means | more to | me  
than large | quanti- | ties of | silver and | gold.

F Major Psalm Tone; 3 lines = mm. 1, 2, 4; 2 lines = mm. 1, 4



<sup>103</sup> | ~ How | sweet is your | promise | to my | tongue,  
more than | honey | in the | mouth.

<sup>104</sup> I gain | under- | standing | from your | precepts,  
| ~ and | so I hate | all false | ways.

<sup>105</sup> | ~ Your | word is a | lamp | for my | feet,  
and a | light for my | path.

<sup>106</sup> I have | sworn an | oath and af- | firmed it,  
to o- | bey your just | judgments.

<sup>161</sup> | ~ Though | princes op- | press me | without | cause,  
| ~ my | heart re- | veres your | word.

<sup>162</sup> I re- | joice at your | promise,  
| ~ like | one who | finds a great | treasure.

<sup>173</sup> Let your | hand be | ready to | help me,  
| ~ for | I have | chosen your | precepts.

<sup>174</sup> I have | longed for | your sal- | vation, O | LORD,  
and your | law is | my de- | light.

Glory | be to the | Father, and | to the | Son,  
~ and | to the | Holy | Spirit.

As it | was in | the be- | ginning, is | now, and | ever shall | be  
world | without | end, | A- | men.

Who e - ver eats my flesh and drinks my blood re - mains in

me and I in him, says the Lord.

Antiphon Source: *Graduale Romanum*, Communion Antiphon for 21<sup>st</sup> Sunday in Ordinary Time, Option 2 (*Qui manducat*)

Antiphon Translation: Roman Missal, Communion Antiphon for 15<sup>th</sup> Sunday in Ordinary Time, Option 2 (Jn 6:57)

Psalm Pairing: *Graduale Romanum*

Psalm Text: Revised Grail

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